San Diego Regional Center



Serving Individuals with Developmental Disabilities in San Diego and Imperial Counties 4355 Ruffin Road, San Diego, California 92123 • (858) 576-2996 • www.sdrc.org

2021 Performance Contract Public Meeting

DATES

TUESDAY

10/13/20 12:00 P.M. during the Board of Director's Zoom Meeting

Information, including the first draft of the Performance Contract, will be shared at the public meetings and will be available after 10/27/20 through the SDRC Department of Community Services, 858-576-2966, or on the SDRC website at www.sdrc.org.

You may submit written comments by 11/15/20 to: Lori K. Sorenson, M.A. Director, Community Services San Diego Regional Center 4355 Ruffin Road, Suite 104 San Diego CA 92123

or by e-mail: 2021pc@sdrc.org

San Diego Regional Center

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Spring 2020

Performance Report for San Diego Regional Center

Every year, the Department of Developmental Services (DDS) contracts with regional centers in California to serve consumers and families. And, every year DDS looks at how well the regional centers are doing. This report will give you information about your regional center.

Last year, at San Diego Regional Center (SDRC) we served about 30,600 clients. The charts on page two tell you about the consumers we serve. You'll also see how well we are doing in meeting our goals and in fulfilling our contract with DDS.

At SDRC, we want to improve every year, do better than the state average, and meet or exceed the DDS standard. As you can see in this report, we did well in moving individuals living in the developmental centers into homes in the community. But, we still need to improve in increasing the number of clients and families who receive only case management services.

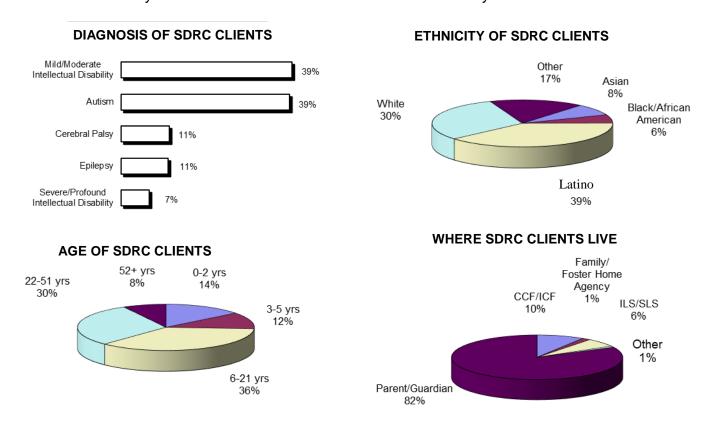
We hope this report helps you learn more about SDRC. If you have any questions or comments, please contact us!

This report is a summary. To see the complete report, go to: www.sdrc.org
Or contact the SDRC Community Services Department at (858) 576-2966

Carlos Flores, Executive Director Executive Director, San Diego Regional Center

Who uses SDRC?

These charts tell you about who SDRC clients are and where they live.



How well is SDRC performing?

This chart tells you about five areas where DDS wants each regional center to keep improving.

The first column tells you how SDRC was doing at the end of 2018, and the second column shows how SDRC was doing at the end of 2019.

To see how SDRC compares to the other regional centers in the state, compare the

numbers to the state averages (in the shaded columns).

Regional Center Goals (based on Lanterman Act)		per 2018	December 2019		
		SDRC	State Average	SDRC	
Fewer clients live in developmental centers	0.12%	0.15%	0.08%	0.06%	
More children live with families	99.38%	99.55%	99.44%	99.60%	
More adults live in home settings*	80.20%	78.16%	80.84%	78.78%	
Fewer children live in large facilities (more than 6 people)	0.04%	0.07%	0.04%	0.05%	
Fewer adults live in large facilities (more than 6 people)	2.31%	2.40%	2.15%	2.25%	

Notes: 1) Consumers can be included in more than one diagnosis category. 2) Residence Types: CCF/ICF is Community Care Facility/Intermediate Care Facility; ILS/SLS is Independent Living Services/Supported Living Services. 3) Home settings include independent living, supported living, Adult Family Home Agency homes, and consumers' family homes. 4) Green text indicates the RC remained the same or improved from the previous year, red indicates the RC did not improve.

Summary Performance Report for San Diego Regional Center, Spring 2020

Did SDRC meet DDS standards?

Read below to see how well SDRC did in meeting DDS compliance standards:

Areas Measured	Last Period	Current Period
Passes independent audit	Yes	Yes
Passes DDS audit	Yes	Yes
Audits vendors as required	Met	Met
Didn't overspend operations budget	Yes	Yes
Participates in the federal waiver	Yes	Yes
CDERs and ESRs are updated as required (CDER is the Client Development Evaluation Report and ESR is the Early Start Report. Both contain information about consumers, including diagnosis.)*	94.33%	93.61%
Intake/Assessment timelines for clients age 3 or older met	100%	99.76%
IPP (Individual Program Plan) requirements met	N/A	99.43%
IFSP (Individualized Family Service Plan) requirements met	92.5%	92.9%

Notes: 1) The federal waiver refers to the Medicaid Home and Community-Based Services Waiver program that allows California to offer services not otherwise available through the Medi-Cal program to serve people (including individuals with developmental disabilities) in their own homes and communities. 2) The CDER and ESR currency percentages were weighted based on the RC's Status 1 and Status 2 caseloads to arrive at a composite score. 3) The IFSP calculation methodology was changed from composite to average in order to more accurately reflect the RC's performance by only including children reviewed during monitoring and not all Early Start consumers. 4) N/A indicates that the regional center was not reviewed for the measure during the current period.

How well is SDRC doing at getting consumers working?

The chart below shows how well SDRC is performing on increasing consumer employment performance compared to their prior performance and statewide average:

Aveca Manageral		Time	Period		
Areas Measured	CA	SDRC	CA	SDRC	
Client Earned Income (Ages 16 and above): Data Source: Employment Development Department		Jan throug	Jan through Dec 2016		h Dec 2017
Quarterly number of clients with earned income	25,236	2,089	27,182	2,151	
Percentage of clients with earned income		16%	16%	17%	16%
Average annual wages		\$8,327	\$7,851	\$9,033	\$8,723
Annual earnings of clients compared to people with all disabilities in	California	20	17	20	18
Data Source: Cornell University Disability Status Report		\$47	,500		
National Core Indicator Adult Consumer Survey		July 2014-	June 2015	July 2017-	June 2018
Percentage of adults who reported having integrated employment as a go	al in their IPP	27%	27%	29%	31%
Paid Internship Program		201	7-18	2018-19	
Data Source: Paid Internship Program Survey		CA Average	SDRC	CA Average	SDRC
Number of adults who were placed in competitive, integrated employment participation in a Paid Internship Program	following	6	3	9	3
Percentage of adults who were placed in competitive, integrated employm participation in a Paid Internship Program	ent following	18%	12%	13%	3%
Average hourly or salaried wages for adults who participated in a Paid Inte	ernship Program	\$11.64	\$11.63	\$12.45	\$12.15
Average hours worked per week for adults who participated in a Paid Inter	nship Program	18	17	17	15
Incentive Payments Data Source: Competitive Integrated Employment Incentive Program Sur	vey				
Average wages for adults engaged in competitive, integrated employment incentive payments have been made	\$11.93	\$11.63	\$12.76	\$12.27	
Average hours worked for adults engages in competitive, integrated employment, on behalf of whom incentive payments have been made			23	22	23
Total combon of location as we are as defeaths final confined to	\$1,500	13	27	27	35
Total number of Incentive payments made for the fiscal year for the following amounts:	\$1,250	21	21	39	43
Tollowing amounts.	\$1,000	29	38	43	49

How well is SDRC doing at reducing disparities and improving equity?

These tables show you how well the regional center is doing at providing services equally for all consumers.

Percent of total annual purchase of service expenditures by individual's ethnicity and age

Age Group	Measure	Amer India Alaska	n or	As	ian	Black// Ame		Lat	ino	Nat Hawai Other Islar	ian or Pacific	Wh	nite	Otl Ethnic Ra	city or
		17-18	18-19	17-18	18-19	17-18	18-19	17-18	18-19	17-18	18-19	17-18	18-19	17-18	18-19
Birth to 2	Clients	0%	0%	7%	6%	4%	3%	40%	38%	0%	0%	22%	21%	26%	31%
DITUTIO 2	Expenditures	0%	0%	9%	7%	3%	3%	41%	40%	0%	0%	22%	21%	24%	29%
2 to 21	Clients	0%	0%	9%	9%	5%	5%	44%	44%	0%	0%	26%	24%	16%	18%
3 to 21	Expenditures	0%	0%	8%	8%	7%	6%	37%	37%	0%	0%	34%	32%	15%	16%
22 and	Clients	0%	0%	7%	7%	8%	8%	31%	32%	0%	0%	46%	45%	7%	7%
older	Expenditures	0%	0%	5%	5%	8%	8%	24%	24%	1%	1%	56%	56%	6%	6%

Number and percent of individuals receiving only case management services by age and ethnicity

		Number of Eli	gible Clients F	Receiving Case		•	Receiving Case	
Measure	Year	M	anagement O	nly	Management Only			
		Birth to 2	3 to 21	22 and Older	Birth to 2	3 to 21	22 and Older	
American Indian or Alaska	17-18	0	16	8	0%	39%	18%	
Native	18-19	0	13	6	0%	32%	14%	
Asian	17-18	8	464	146	2%	36%	20%	
Asian	18-19	12	447	157	3%	34%	20%	
Black/African American	17-18	14	275	115	6%	40%	13%	
Biack/Affican Affiencan	18-19	3	282	108	1%	39%	11%	
Latino	17-18	113	2,195	505	5%	36%	15%	
Laurio	18-19	91	2347	534	3%	36%	15%	
Native Hawaiian or Other	17-18	2	28	8	17%	48%	15%	
Pacific Islander	18-19	1	30	6	13%	46%	12%	
White	17-18	98	1,112	462	7%	31%	9%	
vviiite	18-19	75	1075	489	5%	33%	10%	
Other Ethnicity or Book	17-18	57	731	124	4%	33%	16%	
Other Ethnicity or Race	18-19	91	839	110	4%	30%	14%	
Total	17-18	292	4,821	1,368	5%	34%	12%	
Total	18-19	273	5,033	1,410	4%	34%	12%	

Percent of Annual authorized services by diagnosis and ethnicity

by Diagnosis - Summary

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For All Ages			Total		Per Capita	
Diagnosis	Consumer Count	Total Expenditures	Authorized Services	Per Capita Expenditures	Authorized Services	Utilized
Autism	11,644	\$87,365,358	\$128,269,480	\$7,503	\$11,016	68.1%
Intellectual Disability	12,430	\$220,989,674	\$279,217,103	\$17,779	\$22,463	79.1%
Cerebral Palsy	843	\$15,369,147	\$19,617,173	\$18,231	\$23,271	78.3%
Epilepsy	294	\$4,968,566	\$6,975,575	\$16,900	\$23,726	71.2%

Category 5	574	\$9,043,928	\$12,091,772	\$15,756	\$21,066	74.8%
Other	7,328	\$26,982,630	\$52,860,914	\$3,682	\$7,214	51.0%
Totals:	33,113	\$364,719,304	\$499,032,016	\$11,014	\$15,071	73.1%
For Birth to age 2 years, i	nclusive					
Autism	769	\$9,625,766	\$18,611,979	\$12,517	\$24,203	51.7%
Intellectual Disability	137	\$740,185	\$1,384,064	\$5,403	\$10,103	53.5%
Cerebral Palsy	13	\$58,293	\$184,011	\$4,484	\$14,155	31.7%
	Epilepsy	\$1,971	\$3,952	\$1,971	\$3,952	49.9%
Category 5	0					
Other	5,963	\$23,948,438	\$47,409,958	\$4,016	\$7,951	50.5%
Totals:	6,883	\$34,374,653	\$67,593,963	\$4,994	\$9,820	50.9%
For age 3 years to 21 year	rs, inclusive					
Autism	9,199	\$34,043,990	\$54,564,206	\$3,701	\$5,932	62.4%
Intellectual Disability	3,950	\$19,532,312	\$28,970,198	\$4,945	\$7,334	67.4%
Cerebral Palsy	279	\$1,630,207	\$2,422,866	\$5,843	\$8,684	67.3%
Epilepsy	71	\$285,830	\$462,665	\$4,026	\$6,516	61.8%
Category 5	72	\$358,816	\$690,587	\$4,984	\$9,591	52.0%
Other	1,262	\$2,193,153	\$4,255,912	\$1,738	\$3,372	51.5%
Totals:	14,833	\$58,044,309	\$91,366,433	\$3,913	\$6,160	63.5%
For age 22 years and olde	er					
Autism	1,676	\$43,695,602	\$55,093,296	\$26,071	\$32,872	79.3%
Intellectual Disability	8,343	\$200,717,177	\$248,862,841	\$24,058	\$29,829	80.7%
Cerebral Palsy	551	\$13,680,647	\$17,010,296	\$24,829	\$30,872	80.4%
Epilepsy	222	\$4,680,765	\$6,508,958	\$21,085	\$29,320	71.9%
Category 5	502	\$8,685,112	\$11,401,185	\$17,301	\$22,712	76.2%
Other	103	\$841,039	\$1,195,044	\$8,165	\$11,602	70.4%
Totals:	11,397	\$272,300,342	\$340,071,621	\$23,892	\$29,839	80.1%

Summary Performance Report for San Diego Regional Center, Spring 2020

by Ethnicity or Race

Page 1 of 1

For All Ages			Total		Per Capita	
Ethnicity	Consumer Count	Total Expenditures	Authorized Services	Per Capita Expenditures	Authorized Services	Utilized
American Indian or Alaska Native	98	\$1,108,518	\$1,475,435	\$11,311	\$15,055	75.1%
Asian	2,504	\$20,073,508	\$29,716,888	\$8,017	\$11,868	67.5%
Black/African American	1,901	\$25,754,528	\$34,478,247	\$13,548	\$18,137	74.7%
Latino	12,829	\$101,315,914	\$146,993,840	\$7,897	\$11,458	68.9%
Native Hawaiian or Other Pacific Islande	r 123	\$1,821,930	\$2,575,262	\$14,812	\$20,937	70.7%
Other Ethnicity or Race / Multi-Cultural	5,505	\$36,440,253	\$56,679,888	\$6,619	\$10,296	64.3%
White	10,153	\$178,204,653	\$227,112,458	\$17,552	\$22,369	78.5%
Totals:	33,113	\$364,719,304	\$499,032,016	\$11,014	\$15,071	73.1%
For Birth to age 2 years, inclusive						
American Indian or Alaska Native	14	\$42,700	\$92,756	\$3,050	\$6,625	46.0%
Asian	396	\$2,395,082	\$4,505,153	\$6,048	\$11,377	53.2%
Black/African American	241	\$1,195,033	\$2,522,927	\$4,959	\$10,469	47.4%
Latino	2,639	\$13,630,207	\$26,906,258	\$5,165	\$10,196	50.7%
Native Hawaiian or Other Pacific Islande	r 8	\$31,287	\$60,178	\$3,911	\$7,522	52.0%
Other Ethnicity or Race / Multi-Cultural	2,126	\$9,959,083	\$19,716,435	\$4,684	\$9,274	50.5%
White	1,459	\$7,121,261	\$13,790,255	\$4,881	\$9,452	51.6%
Totals:	6,883	\$34,374,653	\$67,593,963	\$4,994	\$9,820	50.9%
For age 3 years to 21 years, inclusive						
American Indian or Alaska Native	41	\$210,030	\$322,791	\$5,123	\$7,873	65.1%
Asian	1,318	\$4,643,787	\$8,162,655	\$3,523	\$6,193	56.9%
Black/African American	718	\$3,703,062	\$5,582,517	\$5,157	\$7,775	66.3%
Latino	6,542	\$21,415,540	\$33,540,874	\$3,274	\$5,127	63.8%
Native Hawaiian or Other Pacific Islande	r 65	\$115,270	\$227,644	\$1,773	\$3,502	50.6%
Other Ethnicity or Race / Multi-Cultural	2,573	\$9,330,556	\$15,287,083	\$3,626	\$5,941	61.0%
White	3,576	\$18,626,063	\$28,242,869	\$5,209	\$7,898	65.9%

Totals:	14,833	\$58,044,309	\$91,366,433	\$3,913	\$6,160	63.5%
For age 22 years and older						
American Indian or Alaska Native	43	\$855,788	\$1,059,888	\$19,902	\$24,649	80.7%
Asian	790	\$13,034,639	\$17,049,080	\$16,500	\$21,581	76.5%
Black/African American	942	\$20,856,432	\$26,372,803	\$22,141	\$27,997	79.1%
Latino	3,648	\$66,270,167	\$86,546,707	\$18,166	\$23,724	76.6%
Native Hawaiian or Other Pacific Islander	50	\$1,675,372	\$2,287,440	\$33,507	\$45,749	73.2%
Other Ethnicity or Race / Multi-Cultural	806	\$17,150,615	\$21,676,369	\$21,279	\$26,894	79.1%
White	5,118	\$152,457,328	\$185,079,334	\$29,788	\$36,162	82.4%
Totals:	11,397	\$272,300,342	\$340,071,621	\$23,892	\$29,839	80.1%

The expenditure data reported may not include payments made by the regional center to a service provider under a Contract. Typical services paid to a service provider under a Contract include, but are not limited to, Transportation Services, Transportation Assistant Services, and Supported Employment Program (SEP) Group Services...

Want more information?

To see the complete report, go to: www.sdrc.org

Or contact the SDRC Cultural Specialist at (858) 576-2869

San Diego-Imperial Counties Developmental Services, Inc. 2021 Performance Contract Plan Outcomes and Activities

1.	Outcome:	Decrease percentage of Regional Center caseload in Developmental Centers.
	Activity A:	The Fairview Developmental Center and General Treatment Area of the Porterville Developmental Center are closed.
2.	Outcome:	Increase percentage of minors residing with families.
	Activity A:	Maximize the use of community resources that provide supports to families to assist them in maintaining their children at home.
	Activity B:	Provide information and training to community service providers on the special needs of families with children with developmental disabilities.
	Activity C:	Provide training to service coordinators on how to assist families to be effective advocates for their child related to the IEP process and/or navigating other service systems (e.g. Child Welfare, Behavioral Health, IHSS, SSI, etc.).
	Activity D:	Develop new crisis intervention services and Enhanced Behavioral Support Homes for children and continue using existing crisis intervention and wrap-around services.
3.	Outcome:	Increase number and percentage of adults residing in independent living
	Activity A:	Contract with a nonprofit organization to find, develop and help people access affordable housing.
	Activity B:	Review living options, including related supports, with clients at the time of the annual review.
	Activity C:	Assist clients and families to access the assistive technology necessary to live independently.
<u>4.</u>	Outcome:	Increase number and percentage of adults residing in supported living.

San Diego-Imperial Counties Developmental Services, Inc. 2021 Performance Contract Plan Outcomes and Activities Page 2 of 5

	Activity A:	Contract with a nonprofit organization to find, develop and help people access affordable housing.
	Activity B:	Review living options, including related supports, with clients at the time of the annual review.
	Activity C:	Assist clients and families to access the assistive technology necessary to live in their home with supports.
<u>5.</u>	Outcome:	Increase number and percentage of adults residing in Adult Family Home Agency homes.
	Activity A:	Review living options, including Adult Family Homes with clients at the time of the annual review.
<u>6.</u>	Outcome:	Increase the number of adults residing in family homes (home of parent or guardian).
	Activity A:	Review living options, including related supports with clients at the time of annual review.
	Activity B:	Provide services and supports to clients and families to live in the family home.
<u>7.</u>	Outcome:	Increase number and percentage of adults residing in home settings.
	Activity A:	Contract with a nonprofit organization to find, develop and help people access affordable housing.
	Activity B:	Review living options, including related supports, with clients at the time of the annual review.
	Activity C:	Assist clients and families to access the assistive technology necessary to live in a home setting.
	Activity D:	Provide services and supports to families of clients who are elderly and live with their family.
<u>8.</u>	Outcome:	Increase the percentage of adults living in housing facilities for less than 6 people.
	Activity A:	Increase the number of individual bedrooms for clients in residential facilities.

San Diego-Imperial Counties Developmental Services, Inc. 2021 Performance Contract Plan Outcomes and Activities Page 3 of 5

Advocate for adequate reimbursement rates for services provided to Activity B: clients. Encourage the development of four versus six bed homes. Activity C: 9. Outcome: Increase the percentage of children living in housing facilities for less than 6 people. Activity A: Increase the number of individual bedrooms for clients in residential facilities. Advocate for adequate reimbursement rates for services provided to Activity B: clients. Encourage the development of four versus six bed homes. Activity C: 10. Outcome: Measure the number and percentage of clients ages 16-64 with earned income. San Diego Regional Center will collect data generated by Employment Activity A: Development Department (EDD) to measure the number and percentage of clients ages 16-64 with earned income. 11. Outcome: Measure the average annual wages for clients ages 16-64. San Diego Regional Center will collect data generated by EDD to measure Activity A: the average annual wages for clients ages 16-64. 12. Outcome: Measure the annual earnings of clients ages 16-64 compared to all people with disabilities in California. San Diego Regional Center will collect data from service providers to Activity A: measure the annual earnings of clients ages 16-64 compared to people with all disabilities in California. 13. Outcome: Measure the number of adults who were placed in competitive, integrated employment following participation in a Paid Internship Program. San Diego Regional Center will collect data from service providers to Activity A:

measure the number of adults who obtained competitive, integrated employment following participation in a Paid Internship Program.

San Diego-Imperial Counties Developmental Services, Inc. 2021 Performance Contract Plan Outcomes and Activities Page 4 of 5

14. Outcome:	Measure the percentage of adults who were placed in competitive, integrated employment following participation in a Paid Internship Program.
Activity A:	San Diego Regional Center will collect data from service providers to measure the percentage of adults who obtained competitive, integrated employment following participation in a Paid Internship Program.
15. Outcome:	Measure the average hourly or salaried wages and hours worked per week for adults who participated in a Paid Internship Program during the prior fiscal year.
Activity A:	San Diego Regional Center will collect data from service providers to measure the average hourly or salaried wages and hours worked per week for adults who participated in a Paid Internship Program during the prior fiscal year.
16. Outcome:	Measure the average wages and hours worked for adults engaged in competitive, integrated employment, on behalf of whom incentive payments have been made.
Activity A:	San Diego Regional Center will collect data from service providers to measure the average wages and hours worked for adults engaged in competitive, integrated employment, on behalf of whom incentive payments have been made.
17. Outcome:	Measure the total of \$1,000, \$1,250 and \$1,500 incentive payments made for the fiscal year.
Activity A:	San Diego Regional Center will generate data to measure the total of \$1,000, \$1,250 and \$1,500 incentive payments made for the fiscal year.
18. Outcome:	Measure the percentage of adults who reported having integrated employment as a goal in their IPP.
Activity A:	San Diego Regional Center will generate data to measure the percentage of adults who reported having integrated employment as a goal in their IPP.
19. Outcome:	Measure the percent of total annual purchase of service expenditures by

individual's ethnicity and age.

San Diego-Imperial Counties Developmental Services, Inc. 2021 Performance Contract Plan Outcomes and Activities Page 5 of 5

17requirements).

Activity A: San Diego Regional Center will generate data to monitor expenditures among clientele. 20. Outcome: Measure the number and percent of individuals receiving only case management services by age and ethnicity. Activity A: San Diego Regional Center will generate data to monitor expenditures among clientele. 21. Outcome: <u>Unqualified Independent Audit with no material funding(s).</u> Substantial compliance in the Department of Developmental Services 22. Outcome: Fiscal Audit. 23. Outcome: Operate within Operations (OPS) allocation. Certified to participate in Home and Community-Based Services Waiver. 24. Outcome: 25. Outcome: Compliance with vendor audit requirements per contract. CDER/ESR Currency. 26. Outcome: 27. Outcome: Intake/Assessment time lines and IFSP timelines (ages 0 to 2). 28. Outcome: Intake assessment time lines (ages 3 and older). 29. Outcome: Individual Program Plan (IPP) Development. (W+I Code requirements).

Individual Family Service Plan (IFSP) Development (Title

30. Outcome: