Electronic Inquiry Request Procedures via Seamless Docs:

Thank you for your interest in the San Diego Regional Center (SDRC). SDRC provides support services for individuals with developmental disabilities (DD). Developmental disabilities include autism, cerebral palsy, epilepsy, intellectual disability (formerly known as mental retardation), and conditions similar to intellectual disability or requiring support services like that of an individual with intellectual disability. The condition must originate prior to age 18, is expected to continue indefinitely, and constitute a substantial disability to the individual.

The following are part of the first step in the process for determining eligibility for SDRC services. Providing this information does not mean that you or your family member is eligible for services.

1. Fill out inquiry request form (child or adult) via the Seamless link and submit.
2. If the individual inquiring about services is an adult (18 and over) please have the individual sign attached releases.
3. An Intake on-call worker will call you to obtain more information. Please note the Intake call will be coming from a blocked/restricted/unknown number.
4. To attach supporting documentation of suspicion of or diagnosis of a developmental disability, please see #5. **No original documents will be accepted.**
5. Please submit the supporting documentation in one of the following ways:
   a. Drop off or mail to:
      San Diego Regional Center
      Intake Services
      4355 Ruffin Road
      San Diego, CA. 92123
   b. Fax: (858) 496-4302
   c. Email: intake@sdrc.org

Please note that the Inquiry Request Form is not an application and is used only for gathering information as part of our Intake process. For your convenience, attached is a list of some community resources that may be helpful for you and your family. Thank you for your time and patience during this process.

Sincerely,

SDRC Intake Services